

COURSE SYLLABUS

PMP Certification Prep Programme

A complete, exam-aligned preparation programme for the Project Management Professional credential. Built for the new exam that launched in July 2026 and the PMBOK 8th Edition.

July 2026 exam

PMBOK 8th Edition

Predictive

Agile

Hybrid

13 modules

Mentor-led · Exam simulator · 35 contact hours

WHAT IS INSIDE

Syllabus contents

A full walk through the credential, the July 2026 exam, all three domains, the thirteen-module curriculum, and everything you need to prepare, apply and pass.

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ABOUT THE PMP

The project management credential employers ask for by name

The Project Management Professional certification from the Project Management Institute is one of the most recognized project management credentials in the world. It proves you can lead projects and people across predictive, agile and hybrid ways of working, and it is often a hard requirement on larger roles, tenders and contracts.

Who this programme is for

Working project people

Project managers, team leads and coordinators who want a formal, internationally recognized credential.

Moving into PM

Professionals stepping into project management from technical, operations or delivery roles.

Programme and PMO staff

People who need a shared, standards-based vocabulary across predictive, agile and hybrid delivery.

Consultants and contractors

Those who need the PMP to qualify for larger clients and tenders.

How it runs

Format

Mentor-led sessions from certified trainers, on weekends or weekday evenings, so you can prepare while working.

Level

Intermediate to advanced. Best for people who already lead or work on projects. PMI's rules require real project experience.

THE EXAM AT A GLANCE

What the July 2026 PMP exam looks like

180

questions (170 scored,
10 pretest)

240 min

with two 10-minute
breaks

3

domains, reweighted for
2026

No fixed

published passing score;
reported by domain

How it is delivered

Through Pearson VUE, at a test center or online proctored. Results are reported as performance ratings by domain, and PMI does not publish a single passing percentage.

Maintaining the credential

The PMP is valid for three years and renewed with 60 professional development units, earned across education and giving back to the profession.

The domain balance shifted in 2026

People moved from 42 to 33 percent, Process from 50 to 41 percent, and the Business Environment domain grew sharply from 8 to 26 percent. A modern project manager is now tested far more on business judgment, governance and value, not only on execution.

WHAT CHANGED, AND THE NEW FORMATS

The 2026 refresh, and how the questions look now

The exam was refreshed on 9 July 2026 and aligned to the PMBOK 8th Edition. Beyond the domain reweighting, the outline now reflects AI-enabled ways of working, sustainability and measurable value delivery, and the questions themselves became more interactive and scenario-driven.

Multiple choice and multiple response

One or several correct answers. Read whether the item asks you to select one, or a set.

Case-study sets

A short scenario followed by several linked questions. Build the picture once, then answer each part in context.

Drag and drop

Place items into an order or a category. Common for sequencing steps or matching actions to phases.

Matching

Pair items across two columns, for example a tool to its purpose or a term to its definition.

Hotspot

Click the correct region of an image or a diagram to show where an action or value belongs.

Graphic interpretation

Read a chart or a burndown and answer what it tells you about the project.

Question formats and content areas reflect PMI's July 2026 Examination Content Outline. This programme teaches the underlying skills and gives you realistic practice in each format.

THE THREE DOMAINS, IN DETAIL

Where every question comes from

People

33%

Leading and empowering the team, and engaging everyone around the project.

- Servant leadership and a shared team vision
- Team formation, ground rules and agreements
- Conflict, negotiation and building consensus
- Empowering, coaching and mentoring the team
- Virtual, distributed and hybrid teams
- Emotional intelligence and motivation
- Stakeholder analysis and engagement
- Removing impediments and blockers

Process

41%

Running the work end to end across predictive, agile and hybrid delivery.

- Integration, the charter and change control
- Scope, requirements and the work breakdown
- Schedule, critical path and estimating
- Cost, budgeting and earned value
- Quality planning, assurance and control
- Risk analysis, responses and reserves
- Procurement, contracts and vendors
- Communications, artifacts and delivery metrics

Business Environment

26%

The domain that grew the most in 2026, from 8 percent to 26 percent.

- Strategy alignment and benefits realization
- Measurable value, not just outputs
- Compliance, legal and regulatory needs
- Organizational change so outcomes stick
- The external environment and its factors
- AI-enabled ways of working, used responsibly
- Sustainability and social responsibility
- Governance and the role of the PMO

Domain names and weightings reflect PMI's July 2026 Examination Content Outline. Percentages are approximate and set by PMI, not by NUEXUS.

THE PROGRAMME, MODULE BY MODULE

Curriculum, modules 1 to 4

01 The July 2026 exam, PMBOK 8th Edition, and how to qualify

- Exam structure: 180 questions, 240 minutes, two 10-minute breaks
- The three domains at their new 2026 weightings
- What changed in 2026 and why it matters
- The new interactive question formats
- Eligibility, the 35 contact hours, and the application
- The PMI mindset behind the right answers

02 Project management foundations and principles

- Projects, programs, portfolios and operations
- The guiding principles of modern project management
- The project life cycle, phases and cadence
- Tailoring: the right amount of process
- Governance, the charter, the PMO and sponsor
- Ethics and professional responsibility

03 Choosing the approach: predictive, agile, hybrid

- Development approaches and life cycles
- When predictive fits, and when it does not
- When adaptive or agile fits, and the trade-offs
- Designing a hybrid that fits real constraints
- Suitability factors: risk, cadence, culture
- Tailoring process, tools, roles and reporting

04 People: leading and building the team

- Servant leadership and a shared vision
- Forming a team and negotiating agreements
- Empowering, delegating and assessing performance
- Leading virtual and hybrid teams
- Training, mentoring and closing skill gaps
- Adapting to different working styles

Curriculum, modules 5 to 8

05 People: collaboration, conflict and stakeholders

- Managing and resolving conflict constructively
- Negotiation and durable agreements
- Removing impediments for the team
- Emotional intelligence and motivation
- Stakeholder identification and analysis
- Influencing and building trust

06 Process: integration, scope and schedule

- The charter, management plan and change control
- Requirements, scope and the work breakdown
- Validating and controlling scope
- Defining, sequencing and estimating activities
- Critical path, leads and lags, compression
- Controlling the schedule and variances

07 Process: cost, quality and resources

- Estimating, budgeting and the cost baseline
- Earned value: PV, EV, AC, CPI, SPI, EAC
- Quality planning, assurance and control
- Cost of quality and core quality tools
- Acquiring, developing and managing resources
- Keeping delivery on track against baselines

08 Process: communications, risk and procurement

- Planning and managing communications
- Identifying and analyzing risk, qualitative and quantitative
- Risk responses, contingency and management reserves
- Turning threats and opportunities into action
- Planning and conducting procurements
- Contract types and how risk shifts

Curriculum, modules 9 to 13

09 Process: execution, value and agile delivery

- Executing to deliver business value
- Iterations, increments, backlogs and flow
- Artifacts, knowledge and lessons learned
- Managing and controlling changes
- Agile metrics: velocity, burndown, throughput
- Keeping quality and value visible

10 Business environment (expanded for 2026)

- Aligning the project with strategy
- Benefits realization and measurable value
- Compliance, legal and regulatory requirements
- Supporting organizational change
- AI-enabled ways of working, responsibly
- Sustainability and social responsibility

11 Agile and hybrid deep dive

- Agile values, principles and mindset
- Scrum roles, events and artifacts; Kanban and flow
- Servant leadership and facilitation
- Scaling in brief, and when it is needed
- Designing and running a hybrid delivery
- Common agile scenario questions

12 Exam strategy, question formats and mock exams

- Approaching each 2026 question format
- Time strategy, flagging and the review pass
- Eliminating distractors, the PMI-preferred answer
- Full-length, domain-weighted mock exams
- A per-domain debrief with the simulator
- Building your personal readiness plan

13 Eligibility, application, PDUs and exam day

- The two eligibility pathways in detail
- Documenting experience and the audit
- Booking via Pearson VUE, center or online
- Exam-day logistics, rules and mindset
- Maintaining the PMP: 60 PDUs over three years
- Understanding the PDU categories

PREDICTIVE DELIVERY

The plan-driven toolkit you will master

Scope and the WBS

Break the work down until each piece can be estimated and owned. The WBS is the backbone of scope, schedule and cost.

Critical path

The longest path of dependent activities sets the shortest possible duration. Know how float, leads and lags move it.

Estimating

Analogous, parametric and three-point estimating, and when each is appropriate. Ranges beat false precision.

Earned value

Compare planned value, earned value and actual cost to see schedule and cost health, and forecast the estimate at completion.

Baselines and change control

Scope, schedule and cost baselines are the reference. Every change goes through integrated change control, never around it.

Risk and reserves

Contingency reserve covers known risks, management reserve covers the unknown. Both are planned, not improvised.

— AGILE AND HYBRID

Adaptive delivery, and blending the two

The mindset

Deliver value early and often, welcome change, and let the team closest to the work make the call.

Scrum

Roles, events and artifacts: a product owner, a facilitator, a delivery team, sprints, and a visible backlog.

Kanban and flow

Limit work in progress, make the work visible, and manage flow rather than fixed iterations.

Servant leadership

The leader removes blockers and grows the team, rather than assigning and checking tasks.

Hybrid in practice

Plan the release predictively, deliver the work in iterations, and tailor the cadence to the risk.

Agile metrics

Velocity, burndown and burnup, throughput and lead time show progress without a fixed plan.

Roughly half the exam is agile or hybrid

The PMP has not been a waterfall exam for years. You will be tested on adaptive delivery and on choosing and tailoring the right approach as much as on classic planning, so this programme treats agile and hybrid as core, not as an add-on.

YOUR STUDY PLAN

A realistic path to exam-ready

A suggested self-paced timeline of about eight weeks. In the instructor-led intensive, the same ground is covered in guided sessions over roughly two weeks, so you can choose the pace that fits you.

Weeks 1 to 2 Foundations, principles and the mindset. Learn how the exam thinks and set your study rhythm.

Weeks 3 to 4 The People domain and the Process domain planning areas. First topic quizzes.

Weeks 5 to 6 The rest of Process, Business Environment, and the agile and hybrid deep dive.

Weeks 7 to 8 Full-length mock exams, per-domain debriefs, targeted review, and your exam booking.

INCLUDED IN THE PROGRAMME

- ☐ 35 contact hours of formal project management education, documented for your PMI application
- ☐ Mentor-led sessions from certified trainers, on weekends or weekday evenings
- ☐ Full-length, domain-weighted mock exams tuned to the July 2026 outline
- ☐ Access to the NUEXUS exam simulator with per-domain performance feedback
- ☐ Scenario workbooks and a working set of real project artifacts
- ☐ A structured study plan and progress checks through the programme
- ☐ Guidance on your PMI eligibility application and required hours
- ☐ A NUEXUS completion certificate documenting your training

FEES, AND THE SUCCESS GUARANTEE

What it costs, and how we back you

Professionals in Pakistan

PKR 220,000

The full programme, including the PMI exam fee.

Professionals outside Pakistan

USD 999

The full programme, including the PMI exam fee.

Both prices include the training, the PMI exam fee, your 35 contact hours, full mock exams, daily follow-ups, and the success guarantee. The optional real-environment simulation exam is USD 50, available to our training students.

THE SUCCESS GUARANTEE

- ☐ Certified trainers who prepare you the way the job and the exam actually work
- ☐ Daily follow-ups, so you never drift or fall behind
- ☐ Individual attention on your questions and weak areas, not a one-size lecture
- ☐ Full mock exams, then a real-environment simulation exam that feels like the real thing
- ☐ We keep working with you until you are ready and confident to pass

The exam is administered and graded by PMI, so no provider can sit it for you. If you complete the programme and sit our mock and simulation exams but do not pass on your first attempt, you can retrain with us at no additional tuition cost while you prepare for your next attempt. Getting you to a confident pass is our commitment.

DELIVERY MODES

Learn the way that fits you

Flexi, self-paced

Our NUEXUS Academy. Learn at your own pace with instructor and facilitator guidance around the clock, and interactive sessions whenever you need them.

One-on-one

Private sessions built entirely around your schedule, your pace, and your weak areas.

Group training

Learn alongside a cohort, with shared momentum and discussion.

Corporate training

Upskill a whole team, tailored to your organization and delivered together.

Destination training

An intensive, focused programme delivered at a chosen location.

Classroom training

Traditional in-person delivery with a certified trainer in the room.

Online, or onsite in five cities

Every mode is available live online from anywhere, or onsite in Islamabad, Karachi, Lahore, Peshawar, and Multan. The content, certified trainers, and practice are the same across formats.

ELIGIBILITY AND APPLICATION

Two pathways to sit the exam

Four-year degree

- 36 months leading projects within the last 10 years
- 35 contact hours of project management education, or an active CAPM

Secondary diploma or associate

- 60 months leading projects within the last 10 years
- 35 contact hours of project management education, or an active CAPM

The application and audit

You document your experience and education in the PMI application. A share of applications are audited, so we help you frame and evidence your experience cleanly the first time.

Maintaining the PMP

After you pass, the credential is renewed every three years with 60 PDUs, earned through education and giving back. We show you how to plan them so renewal is never a scramble.

Eligibility is defined and assessed by PMI. This programme provides the 35 contact hours and helps you prepare the application, but the exam is booked, sat and awarded through PMI.

ON THE DAY

Exam-day strategy

- ☐ Arrive or log in early, and complete the check-in and workspace rules before the clock starts
- ☐ Use a brain dump in the first minutes: formulas, process reminders, and anything you fear forgetting
- ☐ Answer in the PMI mindset: act as a proactive servant leader who protects value and the team
- ☐ Flag and move on; never let one hard item eat the time that ten easier ones need
- ☐ Take the two scheduled breaks; a rested mind reads scenarios far better than a tired one
- ☐ On the last pass, change an answer only when you have a clear reason, not a nervous hunch

WHERE IT TAKES YOU

Project Manager

Program Manager

Project Coordinator

Delivery Manager

PMO Analyst

Entry
USD 60,000 to 85,000
Mid to senior
USD 85,000 to 160,000

Global averages from Glassdoor and PayScale, 2025. Actual pay varies by country, employer and experience, and is never a NUEXUS guarantee.

Enroll at nuexus.com/trainings/certification-trainings/pmp